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| ***Vocabulario 7.1-KEY*** |

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| **Significado en ingles** | **Palabras en español** | **Apuntes** |
|  |  | *Talking about your daily routine* |
|  | Acostarse (o-ue) | To go to bed |
|  | Afeitarse | To shave |
|  | Antes de | Before |
|  | Bañarse | To bathe |
|  | Acabar de | To just (have done something) |
|  | El cepillo de dientes | Toothbrush |
|  | Despertarse (e-ie) | To wake up |
|  | Encontrar (o-ue) | To find |
|  | Entrenarse | *To work out* |
|  | Estar Listo(a) | *To be ready* |
|  | Estirarse | To stretch |
|  | El jabón | Soap |
|  | Lavarse | To wash |
|  | Levantar pesas | To lift weights |
|  | Levantarse | To get up |
|  | El maquillaje | Makeup |
|  | Maquillarse | To put on makeup |
|  | La navaja | Razor |
|  | La pasta de dientes | Toothpaste |
|  | Peinarse | To comb your hair |
|  | El peine | Comb |
|  | El piyama | Pajamas |
|  | Ponerse | To put on |
|  | Prepararse | To get ready |
|  | ¿Qué te falta hacer? | What do you still have to do? |
|  | Quitarse | To take off |
|  | La secadora de pelo | Hair dryer |
|  | Secarse | To dry |
|  | La toalla | Towel |
|  | Ducharse | To shower |
|  | Vestirse (e-i) | To get dressed |
|  | Mantenerse (e-ie) en forma | To stay in shape |
|  | ¿Qué haces para relajarte? | What do you do to relax? |
|  | ¿Qué tienes que hacer para prepararte? | What do you have to do to get ready? |
|  | ¿Cómo te mantienes en forma? | How do you stay in shape? |
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**Más apuntes:**